Long-Term Potentiation of Intrinsic Excitability in LV Visual Cortical Neurons

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Submitted 3 October 2003; accepted in final form 13 February 2004

Cudmore, Robert H. and Gina G. Turrigiano. Long-term potentiation of intrinsic excitability in LV visual cortical neurons. J Neurophysiol 92: 341–348, 2004. First published February 18, 2004; 10.1152/jn.01059.2003. Neuronal excitability has a large impact on network behavior, and plasticity in intrinsic excitability could serve as an important information storage mechanism. Here we ask whether postsynaptic excitability of layer V pyramidal neurons from primary visual cortex can be rapidly regulated by activity. Whole cell current-clamp recordings were obtained from visual cortical slices, and intrinsic excitability was measured by recording the firing response to small depolarizing test pulses. Inducing neurons to fire at high-frequency (30–40 Hz) in bursts for 5 min in the presence of synaptic blockers increased the firing rate evoked by the test pulse. This long-term potentiation of intrinsic excitability (LTP-IE) lasted for as long as we held the recording (>60 min). LTP-IE was accompanied by a leftward shift in the entire frequency versus current (F-I) curve and a decrease in threshold current and voltage. Passive neuronal properties were unaffected by the induction protocol, indicating that LTP-IE occurred through modification in voltage-gated conductances. Reducing extracellular calcium during the induction protocol, or buffering intracellular calcium with bis-(o-aminophenoxy)-N,N,N',N'-tetraacetic acid, prevented LTP-IE. Finally, blocking protein kinase A (PKA) activation prevented, whereas pharmacological activation of PKA both mimicked and occluded, LTP-IE. This suggests that LTP-IE occurs through postsynaptic calcium influx and subsequent activation of PKA. Activity-dependent plasticity in intrinsic excitability could greatly expand the computational power of individual neurons.

INTRODUCTION

Activity-dependent changes in neuronal circuits underlie the ability of organisms to learn. Much emphasis has been placed on activity-dependent changes in synaptic strength as a mechanism for information storage (Abbott and Nelson 2000; Malenka and Nicoll 1999). Yet the precise way a neuron integrates its synaptic inputs to generate action potentials (APs) is also of great importance. The amount of input necessary to evoke an AP, and the number and pattern of action potentials generated in response to a given input, will strongly affect network behavior. Plasticity in intrinsic excitability could thus have a major impact on network dynamics and could serve as an important information-storage mechanism (Golowasch et al. 1999a,b; Marder 1998; Marder and Prinz 2002).

There is mounting evidence that intrinsic excitability can be regulated by activity (Daoudal and Debanne 2003; Zhang and Linden 2003). Chronically lowered activity in invertebrate systems and in cultured cortical neurons induces homeostatic changes in intrinsic excitability that tend to restore firing properties to their original values (Desai et al. 1999b; Thoby-Brisson and Simmers 1998; Turrigiano et al. 1994, 1995). A similar process appears to operate in the tadpole optic tectum in vivo, where hours of persistent visual stimulation decreases synaptic drive to tectal neurons (Aizenman et al. 2002), and this in turn leads to an increase in intrinsic excitability (Aizenman et al. 2003). Synaptic activity can modulate presynaptic excitability on both long and short time scales (Ganguly and Poo 2000; Nick and Ribera 2000), and the intrinsic excitability of deep cerebellar nuclei neurons can be rapidly modulated by postsynaptic activity (Aizenman and Linden 2000). In addition, both metabotropic (Sourdet et al. 2003) and inhibitory (Nelson et al. 2003) receptor activation can trigger long-term increases in excitability. These experiments demonstrate that many of the same manipulations that induce synaptic plasticity can also cause plasticity in intrinsic excitability.

Here we ask whether short periods of AP firing alter the intrinsic excitability of layer V (LV) pyramidal neurons from visual cortical slices. We found that a brief period of repetitive firing led to a long-lasting potentiation of intrinsic excitability (LTP-IE), characterized by a leftward shift in the frequency versus current (F-I) curve and a reduction in the threshold current for AP generation. LTP-IE was dependent on calcium influx but not on activation of protein kinase C (PKC) or calcium/calmodulin-dependent protein kinase II (CaMKII). Protein kinase A (PKA) inhibitors blocked LTP-IE, and activation of PKA with forskolin both mimicked and occluded LTP-IE. These data suggest that brief periods of high-frequency firing alter intrinsic neuronal excitability through the activation of PKA. By altering the responsiveness of neurons to synaptic inputs, these changes in intrinsic excitability could serve as important modulators of circuit function.

METHODS

Slices and physiological recordings

Long-Evans rats, p14–p19, were anesthetized with isoflurane and decapitated. The brain was rapidly removed and placed into ice-cold artificial cerebrospinal fluid (ACSF) containing (in mM) 126 NaCl, 3 KCl, 2 MgCl2, 1 NaH2PO4, 2 CaCl2, 25 NaHCO3, and 25 dextrose. The osmolarity was adjusted to 310–320 mosM with dextrose, and ACSF was continuously bubbled with 95% O2–5% CO2 to maintain pH 7.4. Three-hundred-micrometer-thick coronal slices of the visual cortex were cut using a Series 1000 Vibratome (Technical Products International, O’Fallon, MI). Slices were warmed to 36°C for 10 min and then allowed to return to room temperature. Slices were used after ≥1 h of incubation and not more than 9 h after slicing; all recordings were done at room temperature.

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Thick tufted LV neurons were visually identified at ×400 magnification using infrared DIC optics on an upright Olympus BX-50WI (Olympus, Melville, New York) microscope. Neuronal morphology and location within the slice were later verified using biocytin histochemistry. Recordings were discarded if the morphology or location indicated a cell type other than thick-tufted LV. Glass micropipettes (5–10 MΩ, 1–2 μm tip diameter) were pulled from 1.0-mm thick-walled glass on a P-97 Flaming-Brown Micropipette Puller (Sutter Instruments, Novato, California) and filled with (in mM) 20 KCl, 100 (K)glutamate, 0.4 (K)HEPES, 4 (Mg)ATP, 0.4 (Na)GTP, 10 (Na)Phospho-creatinine, 0.5 EGTA, and 0.1% wt/vol bicytin, adjusted with KOH to pH 7.4, and with sucrose to 290–300 mosM. Whole cell current-clamp recordings were performed using AxoClamp 2B, AxoPatch 1D, AxoPatch 200B or MultiClamp 700A amplifiers (Axon Instruments, Cuperton, CA). Recordings were analog filtered at 3–5 kHz and digitized at 10 kHz. All acquisition and analysis was done using IgorPro (WaveMetrics, Oswego, OR). Recordings were discarded if the membrane potential changed by >6 mV or the resting input resistance (measured with a 300-ms hyperpolarizing 25-pA pulse) changed by >30%. Changing the inclusion criterion to <10% changes in resting input resistance did not alter the results. Series resistance was calculated off-line and recordings were discarded if it was >40 MΩ, or changed by >10% during the course of the recording. In general series resistance was <20 MΩ and was not compensated.

Pharmacology

All drugs were bath applied using a gravity perfusion system unless otherwise specified. All recordings were performed in the presence of antagonists of N-methyl-D-aspartate (NMDA), AMPA/kainate, and GABA_A receptors [2-amino-5-phosphonovaleric acid (D-APV), 50 μM; 6-cyano-7-nitroquinoxalene-2,3-dione (CNQX), 20 μM; and bicusculine, 20 μM, respectively]. The following drugs were used (all from Calbiochem, La Jolla, CA): the broad-spectrum protein kinase inhibitor H7 (100 μM bath applied or 200 μM intracellular), PKA inhibitor H89 (100 μM intracellular), PKC inhibitor calphostin-C (Calph-C, 100 μM intracellular), CaMKII inhibitor Ala peptide and scrambled Ala peptide (both 2–4 mM intracellular, gift of Leslie Griffith), adenylyl cyclase activator forskolin (50 μM), and an inactive analogue of forskolin, 1,9-dideoxyforskolin (50 μM).

Experimental protocol, analysis, and statistics

After the formation of a ≥GΩ seal, whole cell access was achieved by rupturing the membrane with negative pressure. A waiting period of 5–10 min followed while the cell was dialyzed with the pipette solution. Throughout the recording, intrinsic excitability was measured every 15 s using a constant amplitude small depolarizing pulse (500 ms, 10–80 pA), the amplitude of which was selected to evoke 2–4 APs during the baseline period and then remained constant throughout the recording. To construct F-I curves and calculate the current threshold for AP generation, a range of current injection amplitudes were delivered (10–200 pA in 5- to 10-pA increments). For every neuron, each amplitude was presented three times in a pseudorandom order, and the results were averaged.

The induction stimulus consisted of 500-ms depolarizing pulses delivered 60 times at intervals of 4 s. The induction stimulus amplitude was selected to evoke sustained action potential firing at ~30 Hz throughout the entire pulse (40–70 pA). The parameters of the evoked response during the induction stimulus (mean frequency, number of spikes, average depolarization, time of induction) were similar across all induction conditions. In addition, variations in these parameters did not correlate significantly with the magnitude of the change in excitability.

Measures of intrinsic excitability in response to a depolarizing test pulse included: spike rate, first spike latency, mean interspike interval (ISI), spike voltage threshold [the interpolated membrane potential at which dV/dt equals 20 V/s (Bekkers and Delaney 2001)] and the rate of rise in Vm (dVm/dt) before the first action potential (the slope of the membrane potential calculated in a 5-ms window 10–15 ms before the first AP). Resting input resistance was calculated by measuring the steady-state voltage deflection in response to a hyperpolarizing pulse (~25 pA, 300 ms). In addition, current versus voltage (I-V) curves in the subthreshold range were constructed by measuring the steady-state voltage deflection to a range of subthreshold hyperpolarizing and depolarizing pulses (500-ms injections, starting at ~60 pA, in 10-pA steps, up to spike threshold). No difference in the I-V relationship was found for any condition when the after-induction time window was compared with the before-induction time window.

Within- and between-cell comparisons were done as follows: each measurement of excitability was extracted from each test pulse and the average calculated over a 5-min period (20–30 repetitions) both immediately before and 30 min after induction. The same time points were used for control cells. A two-tailed paired Student’s t-test for equal means was run to compare the response 30 min after the induction stimulus to the response before the induction stimulus for individual neurons. To compare statistics across a condition, an unpaired two-tailed Student’s t-test for equal means was run comparing the mean response after to the mean response before across each population of cells. All means are expressed as ±SE.

RESULTS

Whole cell current-clamp recordings were obtained from thick-tufted LV neurons from slices of the rat visual cortex (p14–p18). This preparation was used to determine if a brief period of high-frequency AP firing (induction) could modulate intrinsic excitability. To prevent synaptic activation, excitatory and inhibitory ionotrophic transmission was blocked using bath applied CNQX to block AMPA, APV to block NMDA, and bicusculine to block GABA_A receptors.

Induction caused a long-lasting increase in intrinsic excitability

To characterize intrinsic excitability, the response to a 500-ms DC test pulse selected to evoke two to four APs was recorded with an ISI of 15 s. In control recordings, the response to this test pulse remained constant for the duration of the recording (Fig. 1A). In contrast, inducing neurons to fire at higher frequencies for 5 min (30 Hz for 500 ms every 4 s, for an average firing rate of ~7–8 Hz) increased the number of APs elicited by the test pulse (Fig. 1B). This increase in intrinsic excitability lasted for as long as we held the recordings, indicating that brief periods of high-frequency firing induced a LTP-IE. Visually driven cortical responses are well within the 30-Hz range, suggesting that visual cortical pyramidal neurons are likely to experience this kind of activity in vivo (Steriade 2000, 2001). The induction protocol did not cause changes in resting Vm or Rm, indicating that the passive properties of the neuron were not affected (Fig. 1C).

To compare the time-course of LTP-IE across recordings, firing rates during the test pulse were normalized to the initial rate for each neuron and averaged across 5 min time bins for each neuron. These values were then averaged across all neurons for each condition (Fig. 2A). Spike rate for control neurons remained relatively stable throughout the 75-min recording period, whereas the induction protocol produced a robust increase in spike frequency, to ~145% of control values (Fig.
A brief period of high-frequency firing caused a long-lasting potentiation of intrinsic excitability (LTP-IE) in LV pyramidal neurons. A: example of control recording. Constant amplitude current pulses were delivered every 15 s to measure intrinsic excitability. Firing properties remained stable throughout the duration of the recording. Inset: example traces for the time points indicated by the arrows. B: example of LTP-IE. After a 10-min baseline period (before), the neuron was induced to fire at 30–40 Hz in 500-ms bursts every 4 s for 5 min (induction). After the induction stimulus, there was a rapid and long-lasting increase in excitability (after). C: induction did not cause any changes in passive cell properties. Scale bars are 100 ms, 20 mV.

FIG. 1. A brief period of high-frequency firing caused a long-lasting potentiation of intrinsic excitability (LTP-IE) in LV pyramidal neurons. A: example of control recording. Constant amplitude current pulses were delivered every 15 s to measure intrinsic excitability. Firing properties remained stable throughout the duration of the recording. Inset: example traces for the time points indicated by the arrows. B: example of LTP-IE. After a 10-min baseline period (before), the neuron was induced to fire at 30–40 Hz in 500-ms bursts every 4 s for 5 min (induction). After the induction stimulus, there was a rapid and long-lasting increase in excitability (after). C: induction did not cause any changes in passive cell properties. Scale bars are 100 ms, 20 mV.

FIG. 2. Characterization of LTP-IE. A: average time course of LTP-IE. For each neuron, spike rate was normalized to a 5-min period (~10 to ~5 min) at the beginning of the recording, and values were averaged for all neurons in each condition. Induction (closed squares) produced a significant increase in excitability over the control condition. There were no changes in membrane potential or input resistance (calculated for a range of subthreshold current injections) for either the induction or control conditions (Fig. 2C).

LTP-IE resulted in a leftward shift in the F-I curve

Next, we wanted to determine if induction caused a similar increase in excitability across a range of suprathreshold voltages. To do this, F-I curves were constructed by injecting a range of current amplitudes before and after the induction protocol. Example F-I curves from induction and control recording are shown in Figure Fig. 3A. The inset shows example traces before and 30 min after induction, and the same time points are shown for a control recording. After induction there was an increase in excitability over the
whole range of suprathreshold current amplitudes, whereas for control neurons there was no change (Fig. 3, A and B). For both induction and control, there was no significant change in the slope of the $F-I$ curve (linear fits). C: LTP-IE decreased the threshold current (minimum current needed to evoke 1 spike). Inset: an example trace before and after induction, illustrating that a previously subthreshold stimulus was suprathreshold after induction. Scale bars are 100 ms, 20 mV.

**LTP-IE is calcium dependent**

Many forms of synaptic plasticity are calcium dependent. Because AP firing causes calcium influx, we asked whether LTP-IE is also a calcium-dependent form of plasticity. To determine whether calcium influx during the induction protocol is essential, we limited this influx by washing in ACSF with nominally 0 mM Ca$^{2+}$ during the induction period. This prevented the long-lasting increase in intrinsic excitability (Fig. 4A, 0 Ca$^{2+}$ induction, $P > 0.5$). An immediate effect of washing in nominally 0 Ca$^{2+}$ ACSF was that neurons became temporarily more excitable likely due to a reduction in calcium-dependent currents such as $I_{KCa}$. This increase in excitability was transient and reversed as normal (2 mM Ca$^{2+}$) ACSF was returned to the bath (Fig. 4A). To further characterize the dependence on calcium influx during the induction protocol, we buffered intracellular calcium by including the calcium chelator BAPTA in the recording pipette (10 mM).
This blocked the increase in firing rate normally induced by the induction protocol and prevented the shift to the left of the F-I curve (Fig. 4B). For both the 0 calcium and BAPTA experiments, the induction protocol induced no significant change in the threshold current for AP generation (Fig. 4C), firing rate (Fig. 4D), or dV/dt before the first spike (Fig. 4E). These data suggest that a rise in intracellular calcium during the induction protocol is necessary for the induction of LTP-IE. Because many forms of synaptic plasticity are calcium dependent, it is possible that LTP-IE could be induced concomitantly with changes in synaptic strength.

**LTP-IE is protein kinase dependent**

AP firing and subsequent calcium influx have the effect of activating various second-messenger systems. Among the large number of potential mediators of calcium-dependent plasticity, we chose to examine the role of three different calcium-dependent kinases, AMP-dependent PKA, PKC, and CaMKII. We began by determining whether H7, a membrane-permeable broad-spectrum protein kinase inhibitor, was capable of blocking LTP-IE. Micromolar concentrations of H7 block PKA, PKC, CaMKII, and cGMP-dependent protein kinase (Hidaka et al. 1984; Malinow et al. 1989). When H7 was included in the recording pipette (200 µM) or was bath applied (100 µM) during the induction period, it prevented LTP-IE (Fig. 5A, H7 induction, P > 0.6). Bath application and intracellular dialysis with H7 had similar effects so the data were combined in Fig. 5. H7 prevented the leftward shift in the F-I curve normally produced by the induction protocol (Fig. 5B, compare with Fig. 3, A and B, induction) and the reduction in threshold current for AP generation (Fig. 5C, H7 induction, P > 0.3). These data strongly suggest that the increase in excitability after induction depends on protein kinase activation.

To further characterize which protein kinases are necessary for LTP-IE, we tested selective inhibitors of PKA, PKC, and CaMKII. Inclusion of 100 µM H89, a specific PKA inhibitor (Chijiwa et al. 1990), in the pipette blocked the reduction in threshold current (Fig. 5C, H89 induction), the increase in firing rate (Fig. 5D) and the change in dV/dt before the first spike (Fig. 5E) induced by the induction protocol. In contrast, including the PKC inhibitor calphostin-C in the pipette (Calph-C, 100 µM) (Kobayashi 1989) did not prevent LTP-IE (Fig. 5, C and D, Calph-C induction). To determine if LTP-IE depends on CaMKII activation, additional experiments were performed in which the CaMKII inhibitor Ala peptide (Griffith et al. 1993) was included in the pipette at concentrations between 2 and 5 mM. The Ala peptide did not prevent LTP-IE (% change in spike rate: 120.06 ± 4.49, n = 9, P < 0.005, data not shown). Induction produced a similar magnitude LTP-IE when a scrambled version of Ala peptide was included in the pipette (percentage change in spike rate: 129.43 ± 8.19, P < 0.05, n = 6, data not shown). These data suggest that CaMKII activation is not essential for the induction of LTP-IE.

**PKA activation mimics and occludes LTP-IE**

To ask whether PKA activation is sufficient to induce LTP-IE, we used forskolin (forsk), an adenyl cyclase activator, to directly elevate cAMP and activate PKA. A 10-min bath application of forskolin (50 µM) caused a long-lasting increase in excitability that closely resembled that produced by our induction protocol (Fig. 6A, Forsk, P < 0.005). Traces show example responses to the test pulse before and after bath application of forskolin. In addition, forskolin caused a shift to the left of the F-I curve (Fig. 6B), a reduction of the threshold current for AP generation (data not shown, P < 0.005), and an increase in dV/dt before the first spike (data not shown, P < 0.03), just as is seen during LTP-IE. These data indicate that elevation of cAMP is sufficient to mimic the increase in excitability that follows the induction protocol. Forskolin application also occluded stimulation-induced LTP-IE. When the induction protocol was run after the forskolin-induced increase in excitability (Fig. 6C, n = 5, Forsk) there was no additional increase in excitability (Fig. 6C; Forsk + Ind). The ability of PKA inhibitors to block, and forskolin to mimic and occlude,
LTP-IE suggest that LTP-IE is induced via a PKA-dependent mechanism.

As a control for nonspecific effects of forskolin (Harris-Warrick 1989), we used an inactive analogue of forskolin, 1,9-dideoxyforskolin. Bath application of this inactive analogue did not cause an increase in excitability (1,9-Fors) and did not occlude stimulation-induced LTP-IE (Fig. 6C, 1,9-Fors+Ind).

DISCUSSION

We have shown that a brief period of AP firing induces a long-lasting potentiation of intrinsic neuronal excitability (LTP-IE) in layer V neocortical pyramidal neurons. This LTP-IE does not require synaptic activation but is directly induced by postsynaptic depolarization and requires calcium influx and activation of PKA. LTP-IE is characterized by a leftward shift in the F-I curve and a reduction in threshold current, indicating that the sensitivity of the neuron to depolarizing current is increased. By increasing postsynaptic sensitivity, LTP-IE will tend to enhance spiking to previously subthreshold inputs. This could have long-lasting effects on information propagation through cortical networks and could also modify the ease with which synaptic potentiation occurs.

Learning paradigms alter neuronal excitability in a number of vertebrate and invertebrate systems. Increased excitability of

POSTSCRIPT

LTP-IE could be an important substrate for information storage in cortical networks as it may modulate the rate of information transmission and synaptic plasticity in the brain. This may have implications for understanding how the brain encodes and remembers information.
PKA is activated when calcium/calmodulin activates adenylyl cyclase and increases intracellular cAMP levels. CAMP/PKA is thought to play a number of roles in neuronal plasticity, including a necessary role in the intermediate-term, protein-synthesis-independent phase of hippocampal LTP (Blitzer et al. 1995), and in changes in gene expression that may ultimately underlie very long-term plasticity (Bailey et al. 1996). We found that LTP-IE, like LTP, is dependent on protein kinase activation during the induction period, as it could be prevented by including the broad-spectrum kinase inhibitor H7 in the pipette or by perfusing H7 during the induction period. In contrast to many forms of LTP, however, LTP-IE could still be induced in the presence of PKC and CaMKII inhibitors, suggesting that these kinases do not play a necessary role in its induction. Our data suggest that the critical kinase is PKA because the specific PKA inhibitor H89 prevented LTP-IE, whereas activating adenylyl cyclase with forskolin both mimicked and occluded firing-induced LTP-IE. PKA is not the only effector of cAMP action in neurons (Kopperud et al. 2003), so directly raising cAMP with forskolin could have downstream effects on neuronal properties that are independent of PKA activation. The ability of H7 and H89 to completely block LTP-IE, however, suggests that PKA activation is a necessary component of this signal transduction cascade.

LTP-IE is most probably mediated by changes in voltage-dependent ion conductances as there were no accompanying changes in passive cell properties. LV neurons have a complex spatial expression pattern of voltage-gated Na⁺, K⁺, Ca²⁺, and Ca²⁺-activated K⁺ channels (Bekkers 2000a,b; Huguenard et al. 1989; Korngreen and Sakmann 2000; Sun et al. 2003; Zhu 2000). Pharmacological manipulation of ion channels alters intrinsic excitability (Bekkers and Delaney 2001; Smith et al. 2002). PKA is known to phosphorylate and downregulate K⁺ channels, causing an increase in excitability (Hoffman and Johnston 1998). The decreased threshold for AP generation induced by LTP-IE suggests that calcium influx and subsequent PKA activation could act by altering voltage-dependent conductances that begin to activate around the AP threshold. Which conductances are affected, and whether this occurs through modulation of existing channels or insertion or removal of new channels, remains to be determined.

Like many forms of Hebbian synaptic plasticity, LTP-IE is likely to have a destabilizing influence on network function because increased excitability will make it easier to fire the postsynaptic neuron, which should in turn generate further LTP-IE (Abbott and Nelson 2000; Turrigiano 1999). We have previously described a long-lasting regulation of intrinsic excitability in cortical pyramidal neurons that operates much more slowly (over days) and acts to adjust intrinsic excitability to compensate for altered activity (Desai et al. 1999a,b). This slow regulation of intrinsic excitability could help to mitigate the destabilizing effects of LTP-IE, analogous to the way slow, homeostatic synaptic scaling has been proposed to counteract the destabilizing effects of Hebbian synaptic plasticity (Turri- giano 1999; Turrigiano et al. 1998).

Synaptic plasticity mechanisms such as LTP have been favorite candidate information-storage mechanisms, in part because the ability to independently modify hundreds or thousands of synaptic inputs generates enormous computational power (Abbott and Nelson 2000; Malenka and Nicoll 1999). In contrast, LTP-IE will modify the sensitivity of the postsynaptic neuron to all of its inputs. This change in postsynaptic gain will tend to emphasize the contribution of that neuron to network activity. By lowering spike threshold, LTP-IE may also enhance the ability of synapses onto that neuron to undergo Hebbian plasticity. These considerations suggest that LTP-IE could play important roles in information storage and the modulation of synaptic plasticity.

G R A N T S

This work was supported by National Institutes of Health Grants NS-36853 (G. G. Turrigiano) and EY-01449 (G. G. Turrigiano) and a Sloan Foundation grant to Brandeis University.

R E F E R E N C E S


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