Primate Insular/Opercular Taste Cortex: Neuronal Representations of the Viscosity, Fat Texture, Grittiness, Temperature, and Taste of Foods

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Verhagen, Justus V., Mikiko Kadohisa, and Edmund T. Rolls. Primate insular/opercular taste cortex: neuronal representations of the viscosity, fat texture, grittiness, temperature, and taste of foods. J Neurophysiol 92: 1685–1699, 2004; 10.1152/jn.00321.2004. It is shown that the primate primary taste cortex represents not only taste but also information about many nontaste properties of oral stimuli. Of 1,122 macaque anterior insular/frontal opercular neurons recorded, 62 (5.5%) responded to oral stimuli. Of the orally responsive neurons, some (53%) represented the viscosity, tested using carboxymethylcellulose in the range 1–10,000 cP. Other neurons (8%) responded to fat in the mouth by encoding its texture (as shown similar responses to nonfat oils), and 8% responded to gritty texture. Some neurons (35%) responded to the temperature of the liquid in the mouth. Some neurons responded to capsaicin, and others to fatty acids. Some neurons (56%) had taste responses. Some (50%) of these neurons were unimodal, responding to one of these types of stimuli, and the majority combined responsiveness to these types of stimuli, with 23% responding for example to both taste and texture. Some neurons respond to taste, texture, and temperature unimodally, but others combine these inputs. None of these orally responsive neurons responded to odor or to the sight of food. These results provide fundamental evidence about the information channels used to represent the taste, texture, and temperature of food in the first cortical area involved in taste in the primate brain. The results are relevant to understanding the physiological and pathophysiological processes related to how the properties of oral stimuli are represented in the brain and thus to the control of food intake and food selection.

INTRODUCTION

The macaque primary taste cortex is in the anterior insula and adjoining frontal operculum (abbreviated to AI/FO taste cortex) as shown by the anatomical inputs to these regions from the thalamic taste nucleus, VPMpc (the parvicellular division of the ventroposteromedial thalamic nucleus) (Pritchard et al. 1986). A remarkable difference from the taste system of rodents is that in primates there is a direct projection from the first central relay, the nucleus of the solitary tract (NTS), to the gustatory thalamus (Beckstead et al. 1980; Norgren 1984; Pritchard et al. 1989). In rodents, there is an obligatory relay from the NTS to the pontine parabrachial taste nuclei (PBN), which in turn project to the thalamus (Norgren 1984; Norgren and Leonard 1973). The pontine taste nuclei also project to the hypothalamus and amygdala in rodents (Norgren 1976), providing direct access to these subcortical structures important in motivational behavior (e.g., feeding) and learning (Rolls 1999). In contrast, in primates there appears to be no such direct pathway from the brain stem taste areas to the hypothalamus and amygdala (Norgren 1984), and instead taste information reaches structures such as the amygdala and orbitofrontal cortex from the primary taste cortex (Baylis et al. 1994; Turner et al. 1980). This fundamental difference in the anatomy of the rodent and primate taste pathways shows that even in a phylogenetically old system such as taste, the way in which the system functions and processes information may be different across mammalian orders. Because of its potentially greater relevance to understanding the taste system in humans, we therefore analyzed the responses of neurons in the macaque primary taste cortex in which the gustatory responses of single neurons have been analyzed previously (Rolls et al. 1988; Scott and Plata-Salaman 1999; Scott et al. 1986a, 1991; Yaxley et al. 1988, 1990).

The particular aims of the investigation described here were to examine whether the primary taste cortex also receives and represents other information about the properties of oral stimuli, including their viscosity, fat texture, and temperature; and if so, whether this information is represented independently of taste information (that is, by separate neurons) and whether some neurons combine information about taste and these other oral properties, as such neurons would potentially provide a neural basis for behavioral responses that could be selective of particular combinations of taste and these other oral properties. Another aim was to determine whether fatty acids are represented in the primary taste cortex, and if so, if the representation is separate from that of fat texture and of acid. A further aim was to determine whether gritty oral texture is represented separately from these other properties of oral stimuli. Part of the interest of these investigations is that all these properties contribute to the oral palatability of food and that understanding the factors that determine the palatability of food is currently of great importance given the role of palatability in the control of food intake and the rapidly increasing incidence of obesity, which is accompanied by serious health risks (Berthoud 2003; Steinberger and Daniels 2003). Another part of the interest of the investigations is that given that some neurons in the orbitofrontal cortex and amygdala do show convergence from some of the different sensory properties of oral stimuli (such as taste, texture, and temperature), it is of interest to investigate whether this convergence happens for the first time in these secondary taste areas in primates or whether the convergence is present in some neurons in the primary taste cortex. Finally, an aim was to determine whether olfactory and orally related visual stimuli (such as the sight of food) are

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represented in the primary taste cortex or whether this type of convergence is left to the secondary taste cortex in the orbitofrontal cortex (Rolls et al. 2003b; Kadohisa et al. 2004a,b), where we know that single neurons reflect these types of convergence (Criticley and Rolls 1996; Rolls and Bayliss 1994; Rolls et al. 1996; Thorpe et al. 1983).

**Methods**

**Subjects**

The recordings were made in two rhesus macaques (*Macaca mulatta*) (1 female weighing 4.3 kg and 1 male weighing 6.1–6.7 kg). The monkeys were pair-housed in foraging home cages. To ensure that the macaques were willing to ingest the test foods and fluids during the recording sessions, they were on mild food (150 g of nutritionally balanced mash plus fruits, boiled chicken eggs, nuts, seeds, and popcorn) and fluid (1 l/day ad libitum water) deprivation in that both were provided after the daily recording session. The monkeys showed steady increases in bodyweight. All procedures, including preparative and subsequent ones, were carried out in accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals, and were licensed under the UK Animals (Scientific Procedures) Act, 1986.

**Recordings**

Recordings were made from single neurons in the insula and frontal operculum, in the region defined as primary taste cortex (Pritchard et al. 1986) and in which we have recorded taste neurons previously (Rolls et al. 1988; Scott et al. 1986a; Yaxley et al. 1988, 1990). The recordings were made with epoxylite-coated single neuron tungsten microelectrodes (Frederic Haer, St. Bowdoinham, ME; unzapped, 5–10 MΩ at 1 kHz). After several tracks when the impedance had fallen <2 MΩ, we recoated the electrodes with epoxylite (6001M, Epoxylite, Bradford, UK) resulting in 5–10 MΩ impedance and good isolation (Verhagen et al. 2003a). The signal-to-noise ratio was typically ≥3:1.

For on-line monitoring of neural activity and for determining the randomized permutation stimulus sequence during an experiment, a computer (Pentium) with real-time digital and analogue data acquisition collected spike arrival times and displayed a peristimulus time histogram and rastergrams and displayed the number of spikes in 1-s and 3-s poststimulus periods. To ensure that the recordings were made from single cells, the interspike interval was continuously monitored to make sure that intervals of <2 ms were not seen, and the waveform of the recorded action potentials was continuously monitored. The data were also collected using a Datawave Discovery (Tucson, AZ) system, which digitized the signal (12 bit, 16 kHz) for 8 s after stimulus onset. The spikes were sorted off-line using the cluster cutting method provided with the Datawave system, and this procedure was straightforward as the data were collected with single neuron microelectrodes that typically recorded from only one neuron at a time with a high signal-to-noise ratio (≥3:1). The recording sessions lasted 4–6 h and were conducted daily. To prevent visual associative input from evoking neural activity, we prevented the monkeys from seeing the stimuli and experimenter by a view-obstructing screen.

**Localization of recordings**

X-radiography was used to determine the position of the microelectrode after each recording track relative to permanent reference electrodes and to the anterior sphenoidal process. This is a bony landmark the position of which is relatively invariant with respect to deep brain structures (Aggleton and Passingham 1981). On each track, one X-ray in the coronal plane, and one in the sagittal plane, was taken. Microlesions made through the tip of the recording electrode during the final tracks were used to mark the location of typical units. These microlesions, together with the associated X-radiographs, allowed the position of all cells to be reconstructed in the 50-μm brain sections with the methods described by Feigenbaum and Rolls (1991).

**Stimuli**

The neurons of the taste cortex were tested for their responsiveness to the set of taste, viscosity, gritty, oily stimuli, and capsaicin, at room temperature (23°C), and also the set of temperature stimuli as shown in Table 1. Details of the rationale for the choice of the stimuli are given by Rolls et al. (2003b) and Verhagen et al. (2003c). The gustatory stimuli used included, 1.0 M glucose (G), 0.1 M NaCl (N), 0.01 M HCl (H), 0.001 M quinine-HCl (Q), and 0.1 M monosodium glutamate (M). The concentrations of most of the tastants were chosen because of their comparability with our previous studies, and because they are in a sensitive part of the dose-response curve (Rolls et al. 1989; Scott et al. 1986b, 1991). Distilled water at 23°C was one member of the temperature series (T23) and with its viscosity of 1 cP was also one member (V1) of the viscosity series. For an additional comparison, the neuronal responses were tested to 20% blackcurrant juice (BJ, Ribena) because with its complex taste and olfactory components and high palatability, it is an effective stimulus when searching for and analyzing the responses of cortical neurons (Rolls et al. 1990).

A viscosity series was made with carboxymethylcellulose (CMC, Sigma, high viscosity, MW: 700,000, dialysed, Code C5013), a virtually odor- and tasteless thickening agent used widely in the food industry (Rolls et al. 2003). Viscosity (or apparent viscosity given that CMC is non-Newtonian and shows some shear-thinning) was assessed using a calibrated Brookfield rotary viscometer (type LVT, Brookfield Engineering Laboratories, Middleboro, MA) at 60 rpm (shear rate: ~12 s⁻¹, spindle 1–4) at 23°C. Concentrations (in g CMC added to 500 ml water) yielding 1, 10, 100, 1,000, and 10,000 cP (V1, V10, V100, V1000, and V10000; reliability: ±10%) solutions were: 0.0, 0.1, 2.0, 5.5, and 12.0 g CMC, respectively (Theunissen and Kroeze 1995). The solutions were mixed until they were optically clear. Viscosity was assessed at room temperature after air bubbles had disappeared. (Note that 1 cP = 1 mPa s.)

The gritty stimulus consisted of hard (Mohs scale 5) hollow microspheres (Fillite grade PG, with 87% having a diameter with the range 100–300 μm, Trelleborg Fillite, Runcorn, UK) made up in methylcellulose to have a measured viscosity of 1,000 cP (100 g of Fillite PG was added to 4.7 g CMC in 500 ml of water).

To test for and analyze the effects of oral fat on neuronal activity, a set of oils and fat-related stimuli was included. The triglyceride-based oils consisted of vegetable, safflower, and coconut oils. These were used to examine whether fat is represented by the responses of insular cortex neurons. Single cream (SC, 18% fat, viscosity: 12 cP, Coop brand, pasteurized) was used as an exemplar of a natural high fat content food of the type for which we wished to examine the neural representation and sensing mechanisms. All the neurons with fat-related responses described in this and our earlier study (Rolls et al. 1999) responded well to single cream. Vegetable oil (VO, viscosity: 55 cP at 23°C), coconut oil (CO, viscosity: 40 cP at 23°C), and safflower oil (SaO, viscosity: 50 cP at 23°C, Aldrich), were used as natural high-fat stimuli. As Gilbertson and colleagues (Gilbertson 1998) had reported differential effects in isolated taste cells to linoleic and lauric acid in vitro, suggesting that the gustatory modality might be involved in orally sensing fat, we included (Verhagen et al. 2003c) in the stimulus set free linoleic (LaIA, 100 μM) and lauric acid (LaA, 100 μM, sodium salt, Sigma) as well as oils rich in conjugated linoleic acid (68–83% in the safflower oil) and lauric acid (coconut oil, CO, 45–50%, 40 cP, Sigma) (Weiss 1983; Wills et al. 1998).

To investigate whether the neurons responsive to fatty-acid based oils were in some way responding to the somatosensory sensations elicited by the fat, stimuli with a similar mouth feel but nonfat...
chemical composition were used. These stimuli included paraffin/mineral oil (pure hydrocarbon, viscosity 25 cP at 23°C, Sigma) and silicone oil [Si(CH₃)₂O)n·SiO, 10, 100, and 1,000 cP (Brookfield viscometer calibration fluid)].

The temperature series was provided by water at 10°C (chosen as the cold stimulus – commercial cold drinks are served at 6°C), 42°C (warm/hot but not noxious), 37°C (body temperature), and 23°C (room temperature). These temperature stimuli were produced by keeping the 10-ml applicator pipettes (described under stimulus delivery) in a 100-ml bottle containing the same water as that inside the applicator pipette with the bottle itself maintained in a separate water bath controlled at 10, 37, and 42°C (T10, T37, and T42). As the temperature stimulus was delivered directly from the applicator to the mouth, there was no effect of the heat capacity of the applicator on the temperature stimulus was delivered directly from the applicator to the bath controlled at 10, 37, and 42°C (room temperature). These temperature stimuli were produced by keeping the 10-ml applicator pipettes (described under stimulus delivery) in a 100-ml bottle containing the same water as that inside the applicator pipette with the bottle itself maintained in a separate water bath controlled at 10, 37, and 42°C (T10, T37, and T42). As the temperature stimulus was delivered directly from the applicator to the mouth, there was no effect of the heat capacity of the applicator on the temperature of the water delivered to the mouth.

The capsaicin was made up as a 10 M solution (containing 0.3% ethanol). This is ~15 times the human recognition threshold of 0.66 μM (Szolcsányi 1990).

The stimuli were kept in the dark at ~20°C for ≤1 mo. After thawing they were used for ≤5 days, stored overnight at 4°C in the dark. All fatty oils were kept in the dark under N₂ at 4°C to avoid oxidation.

Stimulus delivery

The general method for stimulus delivery and accurate stimulus onset marking (Rolls et al. 1990) was modified by introducing repeater pipettes (Verhagen et al. 2003c). We used repeater pipettes (Eppendorf AG, Hamburg, Germany, type: Mulpipette Plus), and pipette tips (Combittips Plus, 10 ml), which were modified to allow the contact time of the fluid to provide a trigger pulse by using a screw to connect the lumen of the pipette to a stainless-steel cylinder round the pipette which in turn contacted an electrically conducting foam pad connected to a Schmitt trigger and against which the pipette rested. When fluid was expelled from the pipette and touched the tongue, the impedance to ground changed, and the pulse was triggered. We placed 10 mm-long cones cut from 200 μl Gilson pipette tips onto the tip of the repeater pipette tip, creating a fluid-free lumen, to prevent the system from being triggered when the tip touched the monkey’s lips. For reliable triggering, a concentration of 5 mM NaCl was used to make the solution sufficiently conductive for the impedance system to trigger. [This concentration is well below the salivary NaCl + KC1 concentration of ~25–30 mM (Bartoshuk 1974; Guinard et al. 1998; Morino and Langford 1978; Nagler and Nagler 2001).] All watersoluble stimuli were thus made up to contain 5 mM NaCl. Oil stimuli were triggered manually by touching the antistatic foam at the time of expelling the fluid from the tip. The tips were wiped clean before each stimulus presentation. For chronic recording in monkeys, a manual method for stimulus delivery is used because it allows for repeated stimulation of a large receptive surface despite different mouth and tongue positions adopted by the monkeys (Scott et al. 1986a,b). The stimulus application volume was 200 ± 10 μl because this is sufficient to produce large gustatory neuronal responses that are consistent from trial to trial and yet that do not result in large volumes of fluid being ingested that might, by producing satiety, influence the neuronal responses (Rolls et al. 1989, 1990).

The monkey’s mouth was rinsed with 200 μl T23/V1 (water) during the inter-trial interval (which lasted ≥30 s or until neuronal activity returned to baseline levels) between taste stimuli. The com-

### Table 1. Stimuli

<table>
<thead>
<tr>
<th>Stimulus Abbreviation</th>
<th>Concentration</th>
<th>MW</th>
<th>Temperature, °C</th>
<th>Viscosity, cP</th>
<th>Chemical Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>Glucose G</td>
<td>1 M</td>
<td>180</td>
<td>23</td>
<td>1</td>
<td>Monosaccharide aldohexose</td>
</tr>
<tr>
<td>Black Currant BJ</td>
<td>20%</td>
<td></td>
<td>23</td>
<td>1</td>
<td>Mixture</td>
</tr>
<tr>
<td>Monosodium M</td>
<td>0.1 M</td>
<td>187</td>
<td>23</td>
<td>1</td>
<td>Amino acid salt</td>
</tr>
<tr>
<td>Glutamate N</td>
<td>0.1 M</td>
<td>58</td>
<td>23</td>
<td>1</td>
<td>Inorganic salt</td>
</tr>
<tr>
<td>HCl</td>
<td>0.01 M</td>
<td>36</td>
<td>23</td>
<td>1</td>
<td>Inorganic acid</td>
</tr>
<tr>
<td>Quinine HCl Q</td>
<td>0.001 M</td>
<td>387</td>
<td>23</td>
<td>1</td>
<td>Alkaloid</td>
</tr>
<tr>
<td>Water T10</td>
<td></td>
<td>10</td>
<td></td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Water T23/V1</td>
<td></td>
<td>23</td>
<td></td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Water T37</td>
<td></td>
<td>37</td>
<td></td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Water T42</td>
<td></td>
<td>42</td>
<td></td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>CMC V10</td>
<td>0.2 g + 11VI</td>
<td>700,000</td>
<td>23</td>
<td>10</td>
<td>Polysaccharide</td>
</tr>
<tr>
<td>CMC V100</td>
<td>4.0 g + 11VI</td>
<td>700,000</td>
<td>23</td>
<td>100</td>
<td>Polysaccharide</td>
</tr>
<tr>
<td>CMC V1000</td>
<td>11.0 g + 11VI</td>
<td>700,000</td>
<td>23</td>
<td>1000</td>
<td>Polysaccharide</td>
</tr>
<tr>
<td>CMC V10000</td>
<td>24.0 g + 11VI</td>
<td>700,000</td>
<td>23</td>
<td>10000</td>
<td>Polysaccharide</td>
</tr>
<tr>
<td>Gritty Gr</td>
<td>100 g Fillite +</td>
<td>700,000</td>
<td>23</td>
<td>1000</td>
<td>SiO₂ + polysaccharide</td>
</tr>
<tr>
<td>Mineral oil MO</td>
<td>100%</td>
<td>23</td>
<td>1000</td>
<td>1</td>
<td>Hydrocarbon mixture</td>
</tr>
<tr>
<td>Silicone oil SiO10</td>
<td>100%</td>
<td>23</td>
<td>10</td>
<td>1</td>
<td>Silicon-oxygen polymer</td>
</tr>
<tr>
<td>Silicone oil SiO100</td>
<td>100%</td>
<td>23</td>
<td>100</td>
<td>1</td>
<td>Silicon-oxygen polymer</td>
</tr>
<tr>
<td>Silicone oil SiO1000</td>
<td>100%</td>
<td>23</td>
<td>1000</td>
<td>1</td>
<td>Silicon-oxygen polymer</td>
</tr>
<tr>
<td>Vegetable oil VO</td>
<td>100%</td>
<td>23</td>
<td>55</td>
<td>1</td>
<td>Fat</td>
</tr>
<tr>
<td>Coconut oil CO</td>
<td>100%</td>
<td>23</td>
<td>40</td>
<td>1</td>
<td>Fat</td>
</tr>
<tr>
<td>Safflower oil SaO</td>
<td>100%</td>
<td>23</td>
<td>50</td>
<td>1</td>
<td>Fat</td>
</tr>
<tr>
<td>Single cream SC</td>
<td>100%</td>
<td>23</td>
<td>12</td>
<td>1</td>
<td>Emulsion</td>
</tr>
<tr>
<td>Lauric acid LaA</td>
<td>100 μM</td>
<td>23</td>
<td>1</td>
<td>1</td>
<td>Ffa</td>
</tr>
<tr>
<td>Linoleic acid LiA</td>
<td>100 μM</td>
<td>23</td>
<td>1</td>
<td>1</td>
<td>Ffa</td>
</tr>
<tr>
<td>Capsaicin Cap</td>
<td>10 μM</td>
<td>23</td>
<td>1</td>
<td>1</td>
<td>Vanillyl amide</td>
</tr>
</tbody>
</table>
ple stimulus array was delivered in random sequence. Due to the tenacious nature of the oral coating resulting from the delivery of cream or of oil, and also for gritty and capsaicin, four 200-μl rinses with T23/V1 were given while allowing the subjects to swallow after each rinse. For V1000 and V10000, we used two such rinses. All the stimuli shown in Table 1 were delivered in permuted sequences with the computer specifying the next stimulus to be used by the experimenter. The spontaneous firing rate of the neuron was measured from trials in which no stimulus delivery occurred.

Data analysis

After cluster cutting of the spikes with Datawave software, the numbers of spikes of the single neuron in 80 time bins each 100 ms long starting at the onset of the stimulus were obtained using SPSS. Statistical analysis was performed on the numbers of spikes in the first 1-s period after stimulus onset, which was sufficiently long to include firing to even viscous liquids and sufficiently short so that low-viscosity taste stimuli were still activating the neurons as shown in Fig. 2 of Rolls et al. (2003b). An ANOVA was performed (with SPSS) to determine whether the neuron had significantly different responses to the set of stimuli. If the main ANOVA was significant, four further ANOVAs were performed to test for differences in neuronal responses among the set of taste stimuli (G, N, Q, H, M, and T23/V1) and among the members of the viscosity series V1–V10000, the set of fat stimuli (MO, SiO 10, 100, and 1000, VO, CO, SaO), and the set of temperature stimuli (T10–T42). Systat 10 was used for the generation of Pearson product-moment correlation coefficients calculated between the stimuli using the responses of all the neurons analyzed and graphical presentation of stimulus similarity using multi dimensional scaling (loss function: Kruskal; regression: mono) and cluster analysis (linkage: average, distance: Pearson).

A taste cell was defined by a significant effect in the ANOVA performed across the stimulus subset (V1, G, N, M, H, Q) on the number of spikes during the first second after stimulus onset. Similarly, the viscosity cell criterion was based on a significant effect in the ANOVA between the set of stimuli V1–V10000. Fat cells were defined by a significantly larger average firing rate to the oils (viscosity: 25–100 cP) than to the average rates to V10 and V100 and by, in addition, a significant larger average firing rate to the oils than the spontaneous firing rate. The criterion for being sensitive to temperature was based on a significant effect in the ANOVA between the set of stimuli T10–T42. The critical alpha level was set at P < 0.05. Further, the tests for capsaicin, lauric acid, and linoleic acid sensitivity were a two-tailed t-test comparing the responses of the neuron to these substances and to water. The test for gritty texture sensitivity was a 2-tailed t-test comparing the responses of the neuron to the gritty texture stimulus (which has a viscosity of 1000 cP) and to the 1,000-cP stimulus from the viscosity series made with CMC.

The breadth of tuning metric of Smith and Travers (1979) was calculated as follows. The proportion of a neuron’s total response that is devoted to each of the four basic stimuli can be used to calculate its coefficient of entropy (H). The measure of entropy is derived from information theory and is calculated as

\[ H = -k \sum_{i} p_i \log p_i \]

where \( H \) = breadth of responsiveness, \( k = \) scaling constant (set so that \( H = 1.0 \) when the neuron responds equally well to all stimuli in the set of size \( n \), \( p_i \) = the response to stimulus \( i \) is expressed as a proportion of the total response to all the stimuli in the set. The coefficient ranges from 0.0, representing total specificity to one of the stimuli, to 1.0, which indicates an equal response to all of the stimuli. The sparseness of the representation \( a \) can be measured (Rolls and Deco 2002; Rolls and Tovee 1995; Rolls and Treves 1998) by extending the binary notion of the proportion of neurons that are firing as

\[ a = \left( \frac{\sum r_i}{N} \right)^2 / \left( \frac{r_i}{N} \right) \]

where \( r_i \) is the firing rate of the \( i \)th neuron in the set of \( N \) neurons. The sparseness is within the range 0–1 and assumes the value 0.5 for a fully distributed representation with binary encoding and 1/N for a local or grandmother cell representation with binary encoding. These measures of the fineness of the tuning of neurons are important in understanding the neuronal encoding of information (Rolls and Deco 2002; Rolls and Treves 1998).

Screening cells

While searching for neurons, we continuously applied samples from our stimulus set: G, N, Q, BJ, SC, VO, SO, V100, V1/T23, T10, and T42. We tested for olfactory responses using the odors vanilla, eugenol, naphthalene, or amyl acetate held close to the nostril on a perfumer strip (with a blank perfumer strip as a control) as this is an effective way of locating neurons with olfactory responses in, for example, the orbitofrontal cortex (Critchley and Rolls 1996; Rolls and Baylis 1994; Rolls et al. 1996). We also tested for visual responsiveness (to the sight of food, a saline associated square plaque, the approach of a taste stimulus toward the mouth, objects, faces, head movement, and lip-smacking) and auditory responsiveness (a 500-Hz tone, coo-calls, grunts, and vocalization) as stimuli of these types do activate some amygdala neurons (Sanghera et al. 1979). When neurons were insensitive to these stimuli, we classified them as nonresponsive. Only cells responding consistently to at least one stimulus of the array were recorded, all stimuli being applied four to six times in permuted sequences.

RESULTS

The data described in this paper were obtained in two monkeys. Of 1,122 screened neurons in the insular taste cortex, 62 neurons (5.5%) responded in relation to oral viscosity, gritty texture, fat, taste, temperature, capsaicin, lauric acid, and/or linoleic acid; 1.5% of the sample of 1,122 neurons had responses related to mouth movements. [These neurons responded phasically whenever the monkey moved the mouth, could be made to fire when a control syringe containing no liquid touched the mouth and produced mouth movements, and have been described also by Scott and Plata-Salaman (1999). These neurons could have been somatosensory or motor, and were not part of the sample of 62 neurons with oral sensory responses considered below. The actual proportion of movement-related neurons could be higher than the 1.5% we found in that the aim of this investigation was to examine neurons with taste and/or somatosensory responses and then to examine whether these neurons had movement-related activity but not to search for movement-related neurons per se]. The remainder of the neurons were unresponsive to the oral stimuli used except for six neurons that increased their firing rates above the spontaneous level nonspecifically to all the stimuli applied. (In contrast to the 62 neurons described in detail here, they had no significant differential activity in a 1-way ANOVA that tested for differences among all the oral stimuli.)

Insular taste cortex neurons with responses related to the viscosity of oral stimuli

Figure 1 shows a neuron (bq112c2) with differential responses to viscosity within the 1–10,000 cP CMC viscosity series [ANOVA within the viscosity stimuli; \( F(4,16) = 3.62, \)
sensitive neuron had no significant responses to the fatty acids LiA and LaA or to the taste series nor within the temperature series. Further, it had no significant responses within the viscosity series as determined by ANOVA; \( F(1,9) = 27.48, P = 0.001 \). [Within the CMC viscosity series, there were significant differences to the different viscosities; \( F(4,8) = 9.46, P = 0.004 \), and this neuron was classified as being fat-responsive but also as being in the set of neurons in the diagram (1, 9).]

The way in which each of the 33 viscosity-sensitive neurons responded to the different members of the viscosity series is shown in Fig. 2 in which the abscissa is the viscosity of the stimulus on a log scale for the five viscosity stimuli in the range 1–10,000 cP. For the purpose of ordering the neurons in Fig. 2, the neurons were grouped into five sets based on cluster analysis using the neuronal responses to V1–V10000. The first set of neurons in the diagram (1–15) tended to have decreasing firing rates as a function of viscosity. The second set of neurons in the diagram (16–23) tended to have increasing firing rates as a function of viscosity. The neurons in the next two groups (24–27, and 28–31) had firing rates that were tuned to oral viscosity.

Although some of the viscosity-sensitive neurons (i.e., the neurons with differential responses to the members of the CMC viscosity series as determined by ANOVA) responded to the silicone oil and the other oils in ways that would be predicted if they were responding to the viscosity of the oils, 11 of the 33 viscosity-sensitive neurons responded to the CMC viscosity series more (as shown by post hoc tests) than they responded to the equivalent viscosity when provided by an oil, and some (8) did not respond to the oil at all.

Fat-responsive neurons

Figure 3 shows a neuron (bq88) that responded more to the set of oils than to the members of the viscosity series. Indeed, the response to the 10-, 100-, and 1,000-cP oils was greater than to the corresponding CMC viscosity [as shown by a main effect of oil vs. CMC in a 2-way ANOVA; \( F(1,9) = 27.48, P = 0.001 \)]. [Within the CMC viscosity series, there were significant differences to the different viscosities; \( F(4,8) = 9.46, P = 0.004 \), and this neuron was classified as being fat-responsive but also as being influenced by the CMC viscosity stimuli.] There was no significant response to any of the taste stimuli nor to any of the temperature stimuli. (The neuron did respond to SC, a fat in water emulsion.) Interestingly, the neuron did not respond to the fatty acids LaA and LiA, indicating that the responses to fat were based on its texture and not on any fatty acids that might possibly be present if fat is lipolysed at all in the mouth by any salivary lipase that might be present. Further evidence that the neuronal response was not based on fatty acids is that the neuron responded to the silicone oils (which contain no fat or fatty acids but have a similar texture to the fatty oils such as vegetable oil, CO, and SaO).

As shown in Table 2, five of the neurons (bq88, bq119, bq96, bo154, and bq65c1) were fat sensitive in that their
responses were large to the oils and occurred in a way that would not be predicted from any smaller response they might have to the CMC viscosity series (see example in Fig. 3). None of these five neurons responded to fatty acids. In addition, none of the 12 neurons with a response to one or both of the fatty acids were classified as fat sensitive. Ten of the 12 fatty-acid-sensitive cells responded to HCl and 2 did not, indicating that part of the responsiveness to the fatty acids could be related to the acid responsiveness of the neurons.

**Temperature-responsive neurons**

Figure 4 shows a neuron (bo127c1) with differential responses to different temperatures \([F(3,10) = 37.43, P < 10^{-4}]\). The neuron responded primarily to T10 from the temperature series with a small decrease of firing rate to T37 and T42 (this decrease being a response produced by many of the oral stimuli). The neuron did have a differential response to the set of taste stimuli [which included water, V1 = T23, to which the neuron had a small increase of firing rate; \(F(5,17) = 4.08, P =\)
0.013]. This neuron also had a differentially decreasing response as a function of viscosity $[F(4,15) = 9.25, P = 0.001]$. The profiles of the responsiveness to the different temperature stimuli of the 22 oral thermosensitive neurons are shown in Fig. 5. The order of the neurons in Fig. 5 just for the purposes of illustration is based on four clusters identified by cluster analysis. In the first main cluster (1–13), the neuronal responses show a generally downward trend with increasing temperature (T10-42), and in the second main cluster (14–19), the neuronal responses show a generally upward trend with increasing temperature.

Of the 22 temperature-sensitive neurons, 2 responded only to temperature (see Table 2). Thus the temperature of what is in the mouth can be represented independently of taste, viscosity, and fatty texture in the insular cortex. [Temperature can be represented independently in the sense that the finding of at least some different neurons for temperature with respect to taste, viscosity, and fat texture shows that separate, and therefore potentially independent, information channels are present. It is of course a further enterprise to show with information theoretic methods that these types of information are actually represented independently, but the methods are available for this (Franco et al. 2004; Rolls 2003a; Rolls and Deco 2002; Rolls et al. 2004).] In addition, 14 neurons responded to both taste and temperature, showing that the primate anterior insula represents combinations of these two modalities, potentially providing the basis for different behavioral responses to particular combinations of the taste and temperature of the food or fluid in the mouth. As shown in Table 2, six neurons in the primate insula responded to both oral temperature and oral viscosity, and in addition other neurons responded to temperature combined with several other types of oral sensory stimulus including taste and fat (see Table 2).

### Taste-responsive neurons

Some neurons in the primate insular taste cortex had unimodal responses to taste. An example is shown in Fig. 6 [within taste; $F(5,24) = 3.02, P = 0.03$]. The neuron not only had no responses to viscosity, fat texture, and temperature but also, as shown in Fig. 6, had no responses to odor or to the viscosity, and fatty texture in the insular cortex. [Temperature can be represented independently in the sense that the finding of at least some different neurons for temperature with respect to taste, viscosity, and fat texture shows that separate, and therefore potentially independent, information channels are present. It is of course a further enterprise to show with information theoretic methods that these types of information are actually represented independently, but the methods are available for this (Franco et al. 2004; Rolls 2003a; Rolls and Deco 2002; Rolls et al. 2004).] In addition, 14 neurons responded to both taste and temperature, showing that the primate anterior insula represents combinations of these two modalities, potentially providing the basis for different behavioral responses to particular combinations of the taste and temperature of the food or fluid in the mouth. As shown in Table 2, six neurons in the primate insula responded to both oral temperature and oral viscosity, and in addition other neurons responded to temperature combined with several other types of oral sensory stimulus including taste and fat (see Table 2).

<table>
<thead>
<tr>
<th>One Modality</th>
<th>Two Modalities</th>
<th>Three Modalities</th>
<th>Four Modalities</th>
</tr>
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<tr>
<td>G (15)</td>
<td>$G + T$ (6)</td>
<td>$G + T + V$ (6)</td>
<td>$G + T + V + F$ (2)</td>
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<tr>
<td>T (2)</td>
<td>$G + V$ (6)</td>
<td>$G + T + F$ (0)</td>
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<tr>
<td>V (12)</td>
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<tr>
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<tr>
<td></td>
<td>$T + F$ (0)</td>
<td>$V + F$ (1)</td>
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</tr>
<tr>
<td>Total (31)</td>
<td>(19)</td>
<td>(6)</td>
<td>(2)</td>
</tr>
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</table>

Neuron numbers are in parentheses; G, taste; T, temperature; V, viscosity; F, fat.
sight of food. Of the 35 taste-responsive neurons, 14 (40%) responded to oral temperature and 14 (40%) responded to oral texture (i.e., to viscosity or fat; see Table 2). Some of the taste neurons responded to both temperature and viscosity (see Table 2).

Olfactory and visual response

Of the 62 orally responsive neurons described in the preceding text, it was possible to test 25 for responses to olfactory or visual stimuli, and none had significant responses. An example of this type of result is shown in Fig. 7. The neuron had significantly different responses to different tastants (see Table 2). Some of the taste stimuli were well separated in the space (primarily along the x axis). The five taste stimuli are well separated from each other. The members of the temperature series are again clearly laid out in the space. The oils are located closely together and clearly separate from the viscosity series parametric representation. It is of considerable interest that the oil stimuli are not separated out in the space according to their viscosity as this provides further evidence that the viscosity of stimuli is encoded parametrically in the insular cortex and that fatty texture is coded as a fatty texture independently of its viscosity. Capsaicin and the fatty acids were not very well separated from water (T23/V1).

The results of the cluster analysis on the same 62 neurons shown in the dendrogram in Fig. 9 is consistent with the MDS analysis. Although in general the correlations between different stimuli are relatively high (see Fig. 9) in the insular cortex, the stimuli that are very close to each other in the dendrogram indicate that the representation provided does represent real similarities between the stimuli with, for example, all the oils being close together in the dendrogram in a cluster that contains no CMC viscosity stimuli. Thus oral fat is very clearly distinguished from oral viscosity by the representation provided by the primate insula with the fats represented as a tight cluster. The viscosity stimuli are clearly separated from each other in the dendrogram, providing evidence that the primate insula provides a clear representation of viscosity. It is also evident in the dendrogram that T10 and T23 are well separated from each other and from T37/T42, showing that the population separates these three temperatures from each other well.

Of the 62 neurons in the sample, 31 (50%) neurons were unimodal (15 unimodal taste, 2 unimodal temperature, 12 unimodal viscosity, and 2 unimodal fat neurons), 19 (31%) neurons were bimodal, and 8 (13%) neurons were multimodal with responses to taste, temperature, and viscosity (see Table 2). The findings provide clear evidence for convergence of taste and somatosensory (thermosensitive, texture sensitive, and/or fat sensitive) inputs onto some neurons in the insula (see Fig. 4) and also that each type of input is represented independently of the others (see Figs. 1, 3, and 6). Further, some neurons had responsiveness to LaA, LiA, and Cap when compared with their solvent water (T23/V1): 9 neurons to LaA, 4 neurons to LiA (with 1 of these neurons responding to both LaA and LiA), and 8 neurons to Cap. None of the fatty-acid-sensitive neurons were classified as fat responsive. In addition, five neurons responded to the gritty texture stimulus (Gr; when compared with the equally viscous but not gritty V1000).
FIG. 5. The response functions of all the oral thermosensitive neurons to different temperatures in degrees celcius (T10, T23, T37, and T42). The mean ± SE are shown. The spontaneous firing rate for each neuron is shown by the horizontal line.
The breadth-of-tuning metric (Smith and Travers 1979) calculated across the taste stimuli H, Q, N, and G was lower (0.82 ± 0.06, mean ± SE; indicating finer tuning between the taste stimuli) for the neurons with only taste inputs (i.e., without somatosensory-thermosensitive, texture-sensitive, and/or fat-sensitive input) than for neurons with both taste and somatosensory inputs (0.91 ± 0.03) although this was not significant. The corresponding sparsenesses were 0.74 ± 0.05 and 0.85 ± 0.04 (P = 0.08). In addition, the mean sparseness of the representation of 16 stimuli (G, BJ, N, M, H, Q, T23/V1, T10, T37, T42, V10, V100, V1000, SC, and VO) of the 62 insula neurons was 0.74 ± 0.21 (mean ± SD). This compares to the mean sparseness of 52 orbitofrontal cortex neurons to the same set of stimuli (Verhagen et al. 2003c) of 0.67 ± 0.23 (P = 0.12), which indicates the insular neurons were nonsignificantly tuned more broadly to the set of stimuli.

**DISCUSSION**

The representation of viscosity described here encodes the degree of viscosity of what is in the mouth in that each neuron has graded firing to the different viscosities used (CMC in the range 1–10,000 cP) and in that different neurons have different response functions as shown in Fig. 2. Further evidence for this is provided by the multidimensional space shown in Fig. 8 in which the different viscosity stimuli are parametrically represented and well separated from each other in the stimulus space. The hard, round, microspheres we employed (100–300 μm) evoke an oral gritty texture, and this was an effective stimulus when suspended in cellulose for one neuron (when compared with equally viscous cellulose).

Fat in the mouth was represented in two ways by the AI/FO taste cortex neurons described here. One way was by the AI/FO taste cortex neurons that respond to fat and much less to the cellulose viscosity series (Fig. 3). These neurons encode fat by its texture (and not by any odor or free fatty acid cue) in that the same neurons respond to silicone oil, to mineral oil, and not to fatty acids (Gilbertson 1998; Verhagen et al. 2003c). The second way in which fat is distinguished from nonfat textures in the AI/FO taste cortex is by the neurons that respond to viscosity and not to the oils (see example shown in Fig. 1). Indeed, it was of interest that most of the neurons differentially responsive to the cellulose viscosity series (11/33) tended to have smaller responses to the same viscosity when produced by fat, providing a further way in which the population of insular/
opercular neurons described here separates the representations of oral viscosity and fat. In addition, the few neurons that responded to fatty acids did not respond to the oil stimuli.

The representation of temperature provided by these AI/FO taste cortex neurons was graded as shown by the responses of the neurons illustrated in Figs. 5 and 4 and by the multidimensional space shown in Fig. 8 in which the temperature stimuli are parametrically organized in the space. Four of the 62 AI/FO taste cortex orally responsive neurons tested in this study had responses to capsaicin that were different from water. The neurons did not respond to 42°C water, and this may be related to the fact that the sensation of capsaicin is mediated by the vanilloid receptor subtype 1 (VR1), which responds to temperatures >43°C (Caterina et al. 1999).

Some of the AI/FO taste cortex neurons described here provide separate representations of viscosity, fat texture, temperature, taste, capsaicin, grittiness, and fatty acids, and other neurons combined inputs from different subsets of these properties of sensory stimuli. Some AI/FO taste cortex neurons responded to viscosity but not taste (31%), some responded to taste but not temperature (34%), and other neurons responded to both viscosity and taste (23%). Similarly, some AI/FO taste cortex neurons responded to temperature but not taste (13%), some responded to taste but not temperature (34%), and other neurons responded to both temperature and taste (23%). The combination-responding neurons provide a basis for different behavioral responses to particular combinations of the sensory properties of stimuli such as food in the mouth. The fact that some AI/FO taste cortex neurons respond to both taste and temperature shows that the temperature of what is in the mouth is not encoded only separately from the other sensory properties of the food but also in combination with other sensory properties of food. Thus this temperature representation may not only allow hot or cold substances to be rejected (or accepted) but also enables foods that have particular combinations of temperature, taste, and texture to be reacted to differently. In terms of proportions of neurons with unimodal versus bi- or multimodal inputs, the amygdala has similar proportions (52%) (Kadohisa et al. 2004a) to the insular/opercular cortex (50%), and the orbitofrontal cortex has relatively fewer unimodal neurons (30%) (Rolls et al. 2003b).

The interesting finding that some primary taste cortex neurons respond to both taste and intra-oral somatosensory stimuli such as viscosity and temperature could reflect convergence in the insular cortex or the convergence could be present already at earlier stages of taste processing. It is known that some neurons in the taste thalamus (nucleus VPMpc) have thermal responsiveness in monkeys (Pritchard et al. 1989) and rats (Verhagen et al. 2003b). In the periphery, it is known that chorda tympani fibers in the monkey (Sato et al. 1975) and hamster (Ogawa et al. 1968) show significant correlations between the responses to HCl and those to cooling (20°C) and between the responses to sucrose and warming (to 40°C). Some lingual nerve fibers in monkeys were activated by...
cooling to 15°C but not by taste (Danilova and Hellekant 2002). We know of no studies in the periphery of the effects of food-relevant oral stimuli such as viscosity and fat texture. It is also possible that oral somatosensory information reaches the AI/FO primary taste cortex via cortico-cortical connections, perhaps from area 3b, which contains oral somatosensory representations of for example touch of the tongue, teeth, and palate (Jain et al. 2001; Manger et al. 1996) and which might send afferents to the AI/FO cortex (Friedman et al. 1986; Mufson and Mesulam 1982).

Although the effects of intra-oral stimuli other than taste on primate primary taste cortex neurons have not been investigated previously as far as we know, there are reports that some neurons in the macaque insular cortex respond to tactile stimulation of the mouth region (Scott and Plata-Salaman 1999), although in the study of Schneider et al. (1993), none of these responded to taste. In the rat, there is some evidence that perioral mechanical and/or temperature (Kosar and Schwartz 1990a,b; Yamamoto et al. 1981, 1988) stimuli can activate some taste cortex neurons, but food-related oral stimuli such as texture were not investigated in those studies.

It was noticeable from the dendrogram (Fig. 8) that the inter-stimulus correlations across the population of 62 neurons were relatively high. Indeed, the mean correlation between pairs of the stimuli was 0.81 ± 0.08 (mean ± SD) for the insular/opercular taste cortex. In comparison, the mean correlation across the same 20 stimuli for the orbitofrontal cortex was 0.71 ± 0.12 (t = 10.5, df = 194, P < 10^{-22}) and for amygdala neurons was 0.89 ± 0.05 (t = 11.4, df = 194, P < 10^{-28}). Thus a major characteristic of the processing beyond the primary taste cortex is that in the orbitofrontal cortex, the representation of oral stimuli is more distinct, that is, less correlated or more orthogonal. The same property is reflected in the sparsenesses of the representations, which for 16 stimuli (G, BJ, N, M, H, Q, T23/V1, T10, T37, T42, V10, V100, V1000, SC, and VO) for the 62 insula neurons was 0.74 ± 0.21. This compares to the mean sparseness of 52 orbitofrontal cortex neurons to the same set of stimuli (Verhagen et al. 2003c) of 0.67 ± 0.23 (P = 0.12), which indicates the insular neurons were nonsignificantly tuned more broadly to the set of stimuli. For the same set of stimuli, the mean sparseness of 44 amygdala neurons (Kadohisa et al. 2004a) was 0.79 ± 0.18.
which indicates the amygdalar neurons had a tendency to be more broadly tuned to the set of stimuli than the insular/ frontal opercular cortex neurons. Thus overall, this places the orbitofrontal cortex in a special functional role, for it sharpens the tuning of neurons to this broad range of oral stimuli, providing more separate representations of each oral stimulus. This more separate representation in the orbitofrontal cortex (OFC) than the insula or amygdala fits the OFC particularly well for functions such as sensory-specific satiety, which is computed in the OFC (Rolls et al. 1989) and not in the insular/frontal opercular primary taste cortex (Rolls et al. 1988; Yaxley et al. 1988). Sensory-specific satiety could be implemented by synaptic or neuronal adaptation (Deco and Rolls 2004) occurring over 10–15 min of stimulation by a food, and the effect can only be relatively specific if the tuning of the individual neurons is relatively specific.

One factor contributing to the somewhat high value of 0.81 of the correlations between all stimuli for the AI/FO cortex neurons was that the inter-stimulus correlations on which this mean correlation was based were calculated across 20 of the stimuli shown in Table 1. [These 20 stimuli included only one exemplar of the fats (VO), as the responses of the neurons to different oils were very similar] We note that when calculating the correlations between the pairs of 20 stimuli, we do not subtract the spontaneous firing rate as the spontaneous firing rate would of course not be subtracted before the firing is transmitted to other neurons in the brain. When receiving neurons sum the postsynaptic potentials elicited through all the afferent synapses, the neuron has no way of distinguishing what is spontaneous from what is response-related neuronal input activity. Thus it is more realistic at the computational neuroscience level not to subtract the spontaneous rate (see further Rolls and Deco 2002; Rolls and Treves 1998), and this is why we present the correlation measures and the multidimensional scaling and cluster analyses without subtracting the spontaneous rate. However, we note for comparison with other studies (Rolls et al. 1988; Scott and Plata-Salaman 1999; Scott et al. 1986a, 1991; Yaxley et al. 1988, 1990) that the mean value of the correlations among the six taste stimuli G, N, H, Q, T23/V1, and BJ for the taste responsive neurons with the spontaneous subtracted was 0.75 ± 0.09.

The separate (relatively uncorrelated) representations of different stimuli in the OFC may also be appropriate for a stage at which learning of associations between visual or olfactory stimuli and oral stimuli occurs (Critchley and Rolls 1996; Rolls et al. 1996; Thorpe et al. 1983) for then the learned association can reflect particular qualities of individual foods and other oral stimuli much more effectively. Indeed, one of the important findings of this investigation that is consistent with this hypothesis is that olfactory stimuli, and visual stimuli such as the sight of food, did not activate orally responsive neurons in the AI/FO taste cortex, providing further evidence that this type of convergence (Baylis et al. 1994), which is implemented by associative learning (Critchley and Rolls 1996; Rolls et al. 1996; Thorpe et al. 1983), is an important function of the primate orbitofrontal cortex.

A number of functional neuroimaging studies have shown activation of an insular/frontal opercular cortical region by taste in humans (De Araujo et al. 2003b; O’Doherty et al. 2001; Small et al. 1999; Zald et al. 1998). In addition, a recent study has shown that the same insular/opercular region has BOLD fMRI activation, which is correlated with the viscosity of carboxymethylcellulose, providing evidence that this region in humans, putatively the primary taste cortex, also receives an oral texture input (De Araujo and Rolls 2004). Of course, the details of the representation as described here, with both unimodal neurons, and bimodal neurons showing convergence, together with the details of the individual neuronal tuning to viscosity and temperature stimuli, and the separateness of the representation from gritty and capsaicin, could not be shown by fMRI studies. Another fMRI study does, though, also indicate that the results described at the neuronal level in primates are relevant to understanding the human insular cortical system. In particular, it was found that although the orbitofrontal cortex and the most anterior, agranular, insula in humans are activated by both taste and olfactory stimuli, there is a part of the human insular/frontal opercular cortex that is activated by only taste, and not by olfactory, stimuli (De Araujo et al. 2003a). We therefore believe that in both humans and macaques there is dorsally a part of the insular/opercular taste cortex that is not activated by olfactory stimuli and that at the transition between the more ventral part of the insular that is agranular and is topologically on the orbitofrontal surface, there is a region with taste and olfactory convergence. A diagram illustrating this is provided by De Araujo and Rolls (2004).

These results provide fundamental evidence about the information channels used to represent the taste, texture, and temperature of food in the first cortical area involved in taste in the primate brain. The current investigation thus greatly extends previous investigations in which taste representations in the primary taste cortex have been analyzed (Rolls et al. 1988; Scott and Plata-Salaman 1999; Scott et al. 1986a, 1991; Yaxley et al. 1988, 1990). The results are relevant to understanding the physiological and pathophysiological processes related to how the properties of oral stimuli are represented in the brain and thus to the control of food intake and food selection.

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### References


